



**INTERHOUSE ATHLETIC TRIALS/PARTICIPATION CARNIVAL
WEDNESDAY 21 JUNE 2023**

8.50am
9.00am
2.55pm – 3pm

Form Meeting – **(Form teachers are asked to move students to their first event areas, as per below schedule, ASAP)**
Rolls to be checked – groups organised into age divisions. **Students should be ready to commence their first event at 9.00am.**
All equipment to be put away and areas cleared of rubbish.
PLEASE KEEP THE GROUP AT THE VENUE UNTIL THE BELL RINGS

WARNING BELLS 11.55pm and 1.45pm

	9.00– 9.40	9.40 - 10.15	10.15 - 10.50	10.50 – 11.25		12.00– 12.35	12.35 – 1.10		1.50 - 2.25	2.25 – 3.00
BALKUIN GIRLS	High Jump	100m	800m	Long	1 ST BREAK 35 mins	Triple	200m	2 ND BREAK 40 mins	shot	400m
BALKUIN BOYS	400m	High Jump	100m	800m		Long	Triple		200m	Shot
BARANG GIRLS	Shot	400m	High Jump	100m		800m	Long		Triple	200m
BONDA GIRLS	Triple	200m	shot	400m		High Jump	100m		800m	Long
BONDA BOYS	Long	Triple	200m	Shot		400m	High Jump		100m	800m
DERWAIN GIRLS	800m	Long	Triple	200m		shot	400m		High Jump	100m
DERWAIN BOYS	100m	800m	Long	Triple		200m	shot		400m	High Jump

VENUES	
High Jump	Top Oval middle of the track
400m	Top Oval
100m	Bottom Oval (100m 8 lanes)
200m	Bottom oval near far soccer posts/Stephen St (4 lanes)
800m	Bottom oval (inside lane)
Long jump	Bottom Oval jump pits
Triple Jump	Bottom Oval jump pits
Shot Put	Bottom Oval next to jump pits

AGE GROUPS	
Born 2011	12 Years and Under
Born 2010	13 Years and Under
Born 2009	14 Years and Under
Born 2008	15 Years and Under
Born 2007	16 Years and Under
Born 2004 - 2006	19 Years and Under