

Parent Webinar

Social Media, Boundaries and Cyberbullying

Guiding Teens Through the Digital World

Details: On Zoom, Thursday 6 November, 6:30pm (AEDT)

With teens spending more time online, many parents worry about how to keep them safe while also nurturing their independence.

You'll leave this session with tools that help you:



Set Clear Limits

How to create guidelines for your family that balance independence with online safety.



Spot Online Pressures

How to identify and address signs of cyberbullying or social stress.



Supporting Digital Connections

Explore strategies you can use to help teens develop safe, meaningful friendships in the digital space.

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