

Parent Webinar

Managing Device Use

Creating Healthy Tech Habits at Home

Details: On Zoom, Thursday 22 May, 6:30pm (AEST)

With technology and personal devices playing an ever-increasing part in daily life, many parents are feeling stuck between making sure children meaningfully engage in the offline world, and allowing space for healthy curiosity and connection online.

Join us to explore strategies that help you to:



Balance Screen Time

How to set and hold boundaries while managing “Fear of Missing Out”



Encourage Responsible Device Use

How to develop mindful, moderated technology habits with your child.



Maintain Family Connections

How to employ strategies to keep positive relationships strong in a device-focused world.

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