



Health and Physical Education at HARRISTOWN

All students from Year 7 to Semester 1 Year 10 study HPE each week. Students engage in a wide variety of physical activity types from invasion games, to striking activities, minor and team games as well as aesthetic and performance sports - not to mention indigenous and inclusion-focused activities. Students progressively develop skills to apply in games, as well as develop strategies and decision making in physical activity with the goal of making them competent for continued participation in sport and physical activity throughout their lives. HPE also includes the study of various theory topics, including those focused on navigating risk taking behaviours and situations, decision making, nutrition, mental and physical health, relationship education and much more!

Our Sports Academy program offers students the opportunity to extend their abilities, fitness, team work, character and competitive opportunities through classes during school time as well as extra-curricular excursions.

In the Senior school, we have both General and Applied subjects as well as three certificate courses that see students increasing their employment prospects beyond the school years.

HPE Department FAST FACTS

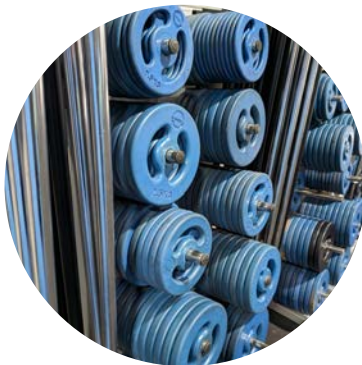
- ☑ Over 1200 students involved in HPE each year at HSHS!
- ☑ 25 HPE Staff serving our Hawks
- ☑ 3 x Certificate courses available to study in Years 11 & 12
- ☑ Through our Sports Academy, study Basketball, Rugby League, Football, Netball or Volleyball as a subject.
- ☑ We run up to 100 sport excursions each year from our Academy sports through to Mountain Biking and Table Tennis.

Got Questions? Get in touch...

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harristownshs.eq.edu.au



FACILITIES at HARRISTOWN

- ☑ 3 indoor multi-purpose gymnasiums
- ☑ Commercial level weight training and fitness facility
- ☑ Over 20,000m² of oval space
- ☑ 4 multi-purpose outdoor courts
- ☑ Transverse climbing wall





WHAT WE OFFER IN HPE

Junior Health & Physical Education



Year 7	2 x 70 min lessons per week	Personal, Social and Community Health <ul style="list-style-type: none"> Identities and change Interacting with others Making healthy and safe choices. Movement and Physical Activity <ul style="list-style-type: none"> Moving our bodies Making active choices Learning through movement.
Year 8	2/3 x 70 min lessons per week	
Year 9	2 x 70 min lessons per week	
Year 10	2/3 x 70 min lessons per week	



Senior Offerings

Physical Education (General)
Health (General)
Sport & Recreation (Applied)



Certificate II Sports Coaching
Certificate II Sport & Recreation
Certificate III Fitness

Extra Curricular

- Each year HSHS takes place in numerous sporting competitions
- Up to 100 excursions each year including representative pathways.
- We compete in a wide variety of sports from AFL to Equestrian, Mountain Biking to Table Tennis and everything in between!
- Opportunities are abundant....
- Be sure to get involved.



SPORTS ACADEMY

BASKETBALL

FOOTBALL

RUGBY LEAGUE

VOLLEYBALL

NETBALL

Harristown State High School has a rich history of sporting participation and success. To further this culture, the Sports Academy was founded in 1993 with Rugby League and Volleyball and since then, the Hawks have expanded the programs to include the Basketball, Football and most recently, Netball.

The Harristown Hawks have tasted championship success at the local, regional, state and even national level. Through the Academy, we have seen students go on to study on sporting scholarships in the USA as well as go on to play at the professional level, even representing their country.

Our Sports Academy programs provide students with the opportunity to combine the study of their chosen sport at a high level, with their academic studies. Our programs have a strong focus on skills and strategies, strength and conditioning as well as building character in our students so that they can best serve their team mates as well as make ongoing contributions to the school and wider community on and off the field or court.

Students are accepted into our programs through an application and trial process, and involvement in the programs will attract an additional cost. Program coordinators can be contacted for details on the most up to date fee structure.

