



# HARRISTOWN STATE HIGH

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ABN: 21 677 021 200

16 March 2026

Dear Parent/Carer

## INTERHOUSE CROSS COUNTRY

Our annual Interhouse Cross Country Carnival will be held on Monday 30<sup>th</sup> March, 2026. The details of the Carnival for all who attend on the day are as follows:

<b>When</b>	Monday 30 <sup>th</sup> March 2026
<b>Where</b>	Kearney's Spring Sporting Complex, Ruthven Street, Toowoomba.
<b>Transport</b>	Students will be transported to and from Kearney's Spring by bus.
<b>Times</b>	Helpers setting up 9:00am – 11:30am Competitors departing - 12:40pm from the HSHS bus interchange Returning 2:45pm to the HSHS bus interchange
<b>Dress</b>	School sports uniform or for the event only: Sports Academy uniform or House colours
<b>Sun Safety</b>	A personal hat, sunscreen and water bottle are required. General use water and sunscreen will be available.
<b>Meals</b>	No canteen will be available at the venue. Students are advised to bring their own healthy snacks and water bottle.
<b>Behaviour expectations</b>	Students are expected to comply with the school's Student Code of Conduct 2025-2028 (refer to school website for details). School policy applies for mobile phone unless advised by the supervising teacher.
<b>Supervision</b>	Various HSHS staff will be at the venue for the running of the event and general student supervision.
<b>Emergency contact</b>	Via HSHS Office on 4636 8700 (if during school hours).
<b>Risk level</b>	Activities involved carry medium risks with some chance of injury requiring first aid or medical attention. Risk management processes are in place to minimise the likelihood of injury. Parents are advised that the Department of Education does not have personal accident insurance for students. If your child is injured as a result of an accident or incident while participating in the activity, all costs associated with the injury, including medical costs are the responsibility of the parent/carers. It is up to all parents/carers to decide the type/s and level of private insurance they wish to arrange to cover their child Please take this into consideration in deciding whether or not to allow the child/student to participate in this activity.
<b>Medical info</b>	Students and staff showing symptoms of cold, flu or elevated temperatures are not to attend or participate. HSHS Staff who are qualified first aiders will be on site to attend to any first aid requirements. 000 will be called if necessary, with ambulance dispatched to the location. <b>*Please ensure student medical details are up to date with the HSHS Office Administration.</b>
<b>Media info</b>	Images may be taken as part of this activity by the school (staff, centre operations and/or students), the venues and/or the media and used publicly. Students without permission are responsible for removing themselves from photographs and video.
<b>COST</b>	There is no cost for this whole school activity.
<b>Sign out procedures</b>	Normal sign out procedures apply should students wish to leave from the venue - signed note from parents presented to the office staff before school. Office staff will issue a Leave Request. Student would then take the signed note and Leave Request to their Student Manager for authorisation. This Leave Request along with the signed note from parent should then be presented to a staff member in the marshalling area, at the designated time of departure.

Parents are more than welcome to attend the carnival to support the students who are running.

Students who choose not to run at the Interhouse Cross Country, will remain at school and participate in the school Hawk Walk.

If you have any questions, please don't hesitate to contact me via e-mail on [jkris39@eq.edu.au](mailto:jkris39@eq.edu.au)

Yours sincerely

Jamie Krisanski  
Sports Co-ordinator

Glen Martin  
Head of Department, HPE

Craig Forknall  
Deputy Principal