



14 March 2025

Dear Parent/Carer

INTERHOUSE CROSS COUNTRY

Our annual Interhouse Cross Country Carnival will be held on Wednesday 2nd April, 2025. The details of the Carnival are as follows:

When	Wednesday 2 nd April 2025
Where	Kearney's Spring Sporting Complex, Ruthven Street, Toowoomba.
Transport	Students will be transported to and from Kearney's Spring by bus.
Times	12:30pm – 3:00pm 12:30pm – 12:40pm from the HSHS bus interchange By 3:00pm to the HSHS bus interchange
Dress	School sports uniform or for the event only: Sports Academy uniform or House colours
Sun Safety	A personal hat, sunscreen and water bottle are required. General use water and sunscreen will be available.
Meals	No canteen will be available at the venue. Students are advised to bring their own healthy snacks and water bottle.
Behaviour expectations	Students are expected to comply with the school's Student Code of Conduct 2025-2028 (refer to school website for details). School policy applies for mobile phone unless advised by the supervising teacher.
Supervision	Various HSHS staff will be at the venue for the running of the event and general student supervision.
Emergency contact	Via HSHS Office on 4636 8700 (if during school hours).
Risk level	Activities involved carry medium risks with some chance of injury requiring first aid or medical attention. Risk management processes are in place to minimise the likelihood of injury. Parents are advised that the Department of Education does not have personal accident insurance for students. If your child is injured as a result of an accident or incident while participating in the activity, all costs associated with the injury, including medical costs are the responsibility of the parent/carers. It is up to all parents/carers to decide the type/s and level of private insurance they wish to arrange to cover their child Please take this into consideration in deciding whether or not to allow the child/student to participate in this activity.
Medical info	Students and staff showing symptoms of cold, flu or elevated temperatures are not to attend or participate. HSHS Staff who are qualified first aiders will be on site to attend to any first aid requirements. 000 will be called if necessary, with ambulance dispatched to the location.
Permission/Medical	The attached Permission and Medical form must be completed and returned to the students form teacher, for all students wishing to compete in the Cross Country.
Media info	Images may be taken as part of this activity by the school (staff, centre operations and/or students), the venues and/or the media and used publicly. Students without permission are responsible for removing themselves from photographs and video.
COST	There is no cost for this whole school activity.
Sign out procedures	Normal sign out procedures apply should students wish to leave from the venue - signed note from parents presented to the office staff before school. Office staff will issue a Leave Request. Student would then take the signed note and Leave Request to their Student Manager for authorisation. This Leave Request along with the signed note from parent should then be presented to Mr McIntosh at the marshalling area, at the designated time of departure.

Parents are more than welcome to attend the carnival to support the students who are running.

Students who choose not to run at the Interhouse Cross Country, will remain at school and participate in the school Hawk Walk.

If you have any questions, please don't hesitate to contact me via e-mail on jkris39@eq.edu.au

Yours sincerely

Jamie Krisanski
Sports Co-ordinator

Glen Martin
Head of Department, HPE

Craig Forknall
Deputy Principal