



Health

g e n e r a l

ABOUT HEALTH

This General course through QCAA is 100% classroom based and is also geared towards academically-minded students.

Health focuses on a strengths-based inquiry of the various determinants that create and promote lifelong health, learning and active citizenship.

The Health inquiry model provides the conceptual framework for this subject and the subject uses a range of over-arching health models, all underpinned by a salutogenic (strengths-based) approach, which focuses on how health resources are accessed and enhanced.

In Health, students reframe broad health topics into specific contextualised health issues for further investigation and they plan, implement, evaluate and reflect on action strategies that mediate, enable and advocate change through health promotion.

Across the two-year course, students study:

- Resilience as a personal health resource (personal resilience)
- Peers and family as resources for healthy living (Body Image)
- Community as a resource for healthy living (Homelessness)
- Respectful relationships in the post-schooling transition.

FAST FACTS

- ✓ QCE Credits: Up to 4
- ✓ Typical Pre-Requisites include a B for English or Humanities.
- ✓ 94.5% of the 2212 students who studied General Health across Qld received a C or better in 2023.
- ✓ Scales slightly higher than General Mathematics.



This subject highlights the value and dynamic nature of wellness, alongside the purposeful processes and empathetic approach needed to enact change. Students plan, implement, evaluate and reflect on action strategies that mediate, enable and advocate change through health promotion.

STUDENT QUOTE

“OUR HEALTH CLASS HAS THE BEST DISCUSSIONS. WHERE WOULD I BE WITHOUT MY HEALTH FAMILY.”

GOOD AT WRITING?

Anyone who writes competently, enjoys in-depth class discussions about vulnerable topics as well as researching health issues and proposing solutions.



ASSESSMENT

Formative Assessment 1

Investigation - up to 2000 words
Resilience as a personal health resource

Formative Assessment 2

Examination - Extended Response
Resilience as a personal health resource

Formative Assessment 3

Investigation - up to 2000 words
Peers/Family as resources for life (Body Image)

Formative Assessment 4

Examination - Extended Response
Peers/Family as resources for life (Body Image)

Internal Assessment 1 (Sum)

Action Research - up to 2000 words (25%)
Community as a resource for healthy living

Internal Assessment 2 (Sum)

Examination - Extended Response (25%)
Community as a resource for healthy living

Internal Assessment 3 (Sum)

Investigation - up to 2000 words (25%)
Respectful relationships in the post-schooling transition.

External Examination

Extended Response - 2 hours response time
Post-schooling transition