



**Binnacle
Training**
RTO CODE 31319

Certificate III Fitness

v o c a t i o n a l e d u c a t i o n

ABOUT CERT III FITNESS

For our Fitness course, we have partnered with Binnacle Training for almost 15 years to deliver a **dual certificate of Certificate II Sport and Recreation (SIS20122) as well as a Certificate III in Fitness (SIS30321)**.

Binnacle Training are leaders in VET in schools, enabling teachers with quality programs and support; equipping students with skills to navigate a successful future.

Students facilitate programs within the school community including:

- Community fitness programs
- Strength and conditioning for athletes and teams
- 1-on-1 and group fitness sessions with male adults, female adults and older adult clients.

STUDENT QUOTE

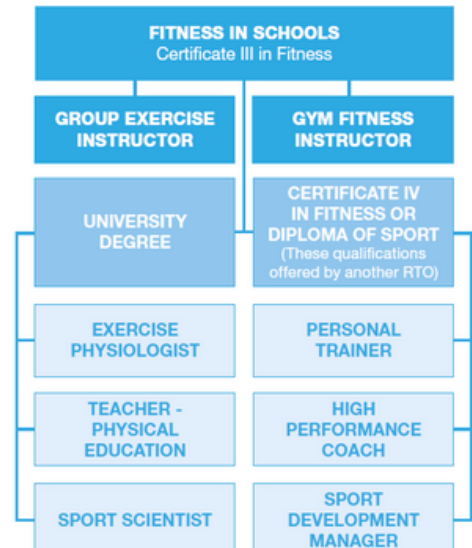
“I GET TO WORK OUT, GET FIT AND GET A QUALIFICATION TO WORK IN A GYM. IT’S AWESOME.”

DELIVERING TRAINING

This course requires both competence and competence and includes client screening and health assessment; planning and delivering 1-1 and group fitness programs; exercise science and nutrition; anatomy and physiology; community coaching; first aid.

Any student willing to work independently online toward competencies as well as those who are also ready and willing to try hard, train hard and be confident in training others.

CAREER PATHWAYS



FAST FACTS

- ✓ QCE Credits: Up to 8
- ✓ Course work consists of online work toward theoretical competencies, as well as practical training toward demonstration of competencies.
- ✓ Although this subject can contribute to an ATAR but doesn't scale well, so if a high ATAR is a priority, this subject may not be for you.
- ✓ Assessment is ongoing and students have multiple opportunities to demonstrate their competency



This qualification provides a pathway to work as a fitness instructor in settings such as fitness facilities, gyms, and leisure and community centres.

Students gain the entry-level skills required of a Fitness Professional (Group Exercise Instructor or Gym Fitness Instructor).

2025 FEES

\$265 (Binnacle Cert II S&R fee)
+\$100 (Binnacle Cert III Fitness Upgrade fee)
+ \$55 (First Aid course fee)
+ \$100 (HSHS Program Fee)

Total = \$520*

* This course is VETiS-funding eligible in 2025.